AutomationElement Ref1 = AutomationElement.RootElement.FindFirst(TreeScope.Descendants,

new PropertyCondition(AutomationElement.AutomationIdProperty, elementID));

TogglePattern p = Ref1.GetCurrentPattern(TogglePattern.Pattern) as TogglePattern;

string estado = p.Current.ToggleState.ToString();

p.Toggle();

string estado2 = p.Current.ToggleState.ToString();